

## WHAT IS A BRONCHOSCOPY

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A bronchoscopy is a procedure to look inside your airway and your lungs. The doctor uses an instrument called a bronchoscope. This is a small flexible tube with a light and camera at the end. The bronchoscope goes into your mouth or nose and down into the breathing tubes into your lungs. The doctor will look at your lungs and will take samples of the fluid in your lungs for testing.



You will be required to fast for 8 hours before the bronchoscopy. The procedure begins with the back of your throat being frozen with some medication to make it numb. You may get some medication to help you relax. This medication will be given with a needle through an intravenous line, or IV. During the bronchoscopy, you lie on your back on a stretcher.

The bronchoscope is placed in your nose or mouth and guided down to the lungs. If the bronchoscope is put through your nose, the inside of your nose is frozen too. This does not interfere with your breathing. You will be able to breathe normally. As the tube goes down you may feel the urge to cough. This is normal. More freezing medication can be given to stop the coughing. A bronchoscopy may feel uncomfortable but is not painful. The doctor will tell you what he

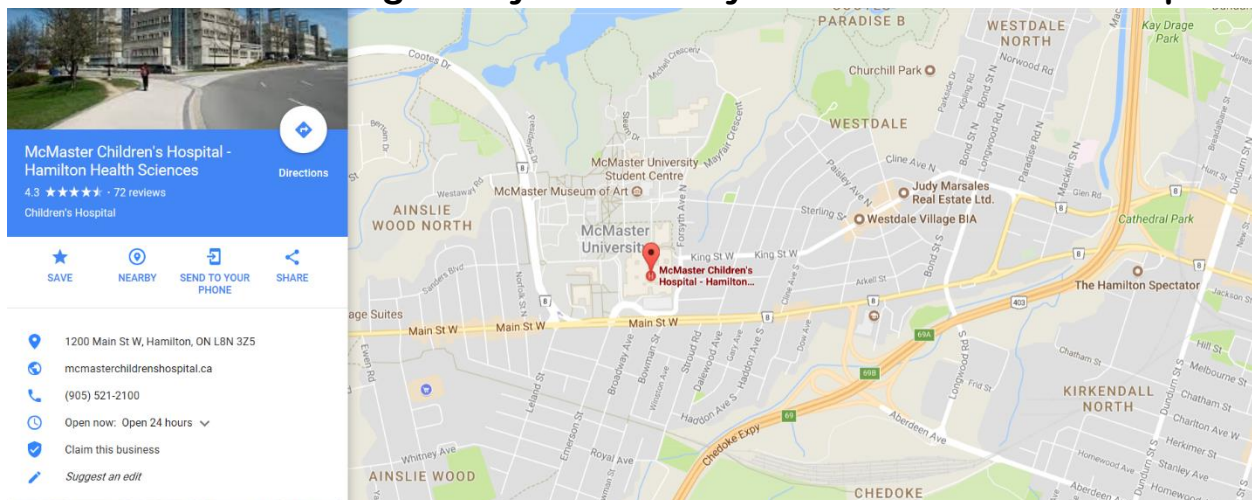
or she is doing during the procedure and there are trained staff in the room helping you and the doctor. As a participant in a Clinical Trial, you have the right to stop any procedure at any time.

- How long does a bronchoscopy take?

A bronchoscopy takes about 10 to 30 minutes. You will also need to stay 1 to 2 hours after it is over.

- Where do I go for my bronchoscopy?

The bronchoscopy will be done at McMaster University Medical Center (MUMC) in the Cardio-Respiratory Research Lab. A research staff will be waiting for you when you arrive to the hospital.



- What happens after your bronchoscopy?

You will be monitored for 1 to 2 hours following the procedure and given something to eat and drink before you leave the clinic. You will be given instructions on how to care for yourself after your bronchoscopy when you go home. We will give you fare to cover the taxi ride home, or someone can come and collect you to take you home.

If you are given sedation you cannot:



- drive
- drive or ride on a motorcycle
- operate machinery
- drink any alcohol
- make major or legal decisions

for 24 hours after the bronchoscopy.

If you have any questions call the research staff for the TB study and they will answer your questions.